

Temporal Brazilian Jiu Jitsu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 AM	Adults BJJ - Gi	Adults BJJ - No Gi	Adults BJJ - Gi	Adults BJJ - No Gi		
12:00 PM						Adults BJJ Q&A
1:00 PM						Open Mat
6:30 PM	Adults BJJ - Gi	Adults BJJ - No Gi	Adults BJJ - Gi	Adults BJJ - No Gi		
7:30 PM	Competition Class		Competition Class			